

FOLLOW THE SUGGESTIONS BELOW AND BECOME A  
**BIOLOGICALLY OPTIMIZED**  
**HUMAN BEING**

**90 Day Cleansing Stack:**

Clean and Detox Your Intestinal Tract

**Upon awakening, middle of the day and before bed on empty stomach:**

- 10 MassZymes
- 5 P3-OM
- 3 Herbal Parasite Cleanse (to fight parasites)
- 10 HCL Breakthrough (to fight parasites)

**With each meal consume:**

- 10 MassZymes
- 5 P3-OM
- 3 HCL Breakthrough
- 3 ConstiCleanse

**Brain Boost Stack:**

Boost Your Brain's Energy and Mitochondria

**Upon awakening:**

- 8 kApex
- 5 P3-OM

**With each meal:**

- 4 kApex (don't take after 5 pm)
- 3 P3-OM
- HCL Breakthrough

**Before bed:**

- 5 P3-OM



**SAVE 10%!**

Go to [www.biOptimizers.com/stacks](http://www.biOptimizers.com/stacks)

**Fat Loss Stack:**

Helps Maximize Fat Loss

**Upon awakening:**

- 10 kApex
- 10 P3-OM

**Before 2 pm: on an empty stomach:**

- 5 kApex
- 10 P3-OM

**With each meal:**

- 4 kApex (don't take after 5 pm)
- 3 P3-OM
- 2 HCL Breakthrough

**Before Bed:**

- 5 P3-OM

**BulletProof/Keto/Paleo Diet Stack:**

For Maximum Fat Breakdown and Utilization and Mitochondrial Boost

**With each meal consume:**

- 4 kApex (don't take after 5 pm)
- 3 P3-OM
- 2 HCL Breakthrough

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